TOGETHER

Growing Business is Our Priority ... for 61 years & Counting

Business Awards and Installation" and "Winter Wonderland Holiday Soiree" magically provided. The Cypress Business Awards were awarded to Lucky Chances Casino (Large Business), San Mateo Credit Union (Medium Business), Sutton Financial (Small Business), Pat Martel, City Manager of Daly City (Leadership) and Will Minnix, Dean of DeVry University (Small Apple Award). State Senator, Mark Leno, arrived with four Special Awards. Those recipients were Duggan's Serra Mortuary (Large Business), Classic Bowl (Medium Business), Daly City Locksmith (Small Business) and Georgette Sarles (Special Community Service Award). This exciting evening started with a no host cocktail hour and the entrance of the Chamber's Favorite, Santa Claus, Dennis Fisicaro, followed with great food, beverages, surprises, awards, annual holiday



Graduation Ceremony for 12th Annual 2013 North San Mateo Leadership Forum

sing-a-long with Teresa Proano, delicious desert and fantastic raffle!!! Thank you to all that supported this memory making event.

SPRING **2014**

Then, the "2013 12th Annual North San Mateo County Leadership Forum" which held twelve sessions, every Friday morning from September 13th through November 22nd at De Vry

>> Together, Growing Business, continues on p. 13

DALY CITY/COLMA CHAMBER OF COMMERCE | 355 GELLERT BLVD., STE. 138, DALY CITY, CA 94015 PHONE: 650.755.3900 | E-MAIL: STAFF@DALYCITY-COLMACHAMBER.ORG | WEBSITE: WWW.DALYCITY-COLMACHAMBER.ORG



he first quarter of 2014 is in full swing! This is the first edition of the Chamber Chatter. Spring is

Here! Welcome 2014. Now is my first opportunity to wish all of you a very Happy New Year, filled with good health, business in abundance, and prosperity. I would like to reflect on the Daly City/Colma Chamber of Commerce activities the last quarter of 2013 and those beginning 2014. The end of year festivities in December at the beautiful and stunning Lake Merced Golf Club found our membership businesses networking and enjoying all that the "60th Annual Cypress Chamber CHATTER

CHAMBER OF COMMERCE

355 Gellert Boulevard, Suite 138, Daly City, CA 94015 | 650.755.3900 | dalycity-colmachamber.org

NEW MEMBERS

DECEMBER 2013 - MARCH 2014

7 MILE HOUSE CAMPUS HEIGHTS DENTAL DENNY'S RESTAURANT GEORGE P. SURMAITIS, ATTORNEY AT I AW NU LEVEL REALTY INC. HOMEWOOD SUITES BY HILTON GEORGE MELKONIAN OF LOREN STARK CO.

CAREY CONNECTIONS

MISSION STATEMENT

The role of the Daly City/Colma Chamber of Commerce shall be to encourage business development and networking, providing members with useful information and services. The Chamber shall take a leadership role in promoting economic, professional, commercial and civic vitality for our communities, while seeking to preserve the unique qualities that are good for business and make Daly City and Colma very special places to live, work and do business.

RENEWING MEMBERS

Renewing Members	Year Joined
AGS QUALITY LINEN SERVICES	2005
AL-TONE OVERHEAD DOOR	1997
BAY AREA GENERAL CONSTRUCTION	2006
Buffalo Wild Wings	2012
Сіту Тоуота	2000
Cypress Abbey	1984
Dr. Ishan B. Vest, Re: Health	2012
Duggan's Serra Mortuary	1975
Extra Space Storage	1979
General Automotive Systems Inc	1975
Hildebrand Real Estate Group	2010
Lucky Chances Casino	1997
Manny Reburiano - Allstate	1988
Moonstar Seafood Buffet	2007
Pacific, Spine & Joint Medical Group	2006
SSF Scavenger	1997
The Ups Store Mission St	2012
TRONOFF ENGINEERING	1975
Union Bank	2013
US Bank	1998
Woodmount Real Estate	1982

MARK YOUR CALENDAR - JOIN US !*

NATIONAL SMALL BUSINESS WEEK

Business Vignettes

APRIL 14TH - 17TH



CLASSIC BOWLING CENTER April 14th - 5:30 - 7:00 p.m. 900 King Drive DALY CITY, CA 94015

HYUNDAI COLMA Аркіі 15тн - 5:30 - 7:00 р.м. 1500 Collins Avenue COLMA, CA 94014

WELLS FARGO SERRAMONTE APRIL 16TH - 6:00 - 8:00 P.M. 135 SERRAMONTE CENTER DALY CITY, CA 94015

BUSINESS TO BUSINESS EXTRAVAGANZA / TASTE OF OUR CITIES April 17th 4:30 - 8:30 p.m.



ANNUAL SCHOLARSHIP CEREMONY 58TH ANNUAL GOLF TOURNAMENT Мау 15тн 6 р.м. DALY CITY COUNCIL CHAMBERS 333 90th Street DALY CITY, CA 94015

OCTOBER 27TH 10 A.M. GOLF 6 P.M. DINNER LAKE MERCED GOLF CLUB 2300 JUNIPERO SERRA BOULEVARD DALY CITY, CA 94015

Check out the Daly City - Colma Chamber Website www.dalycity-colmachamber.org for more information, dates plus photographs of past events. * All dates subject to change.

BOARD OF DIRECTORS

PRESIDENT / CEO GEORGETTE SARLES Georgette's of Westlake

1ST VICE PRESIDENT MICHAEL JOSEPH WALGREENS

2ND VICE PRESIDENT / CFO MANNY REBURIANO **A**LLSTATE **I**NSURANCE

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> STEVE HOUSE OUTBACK STEAKHOUSE

TOM MINSHEW SUPERINTENDENT OF THE JEFFERSON UNION HIGH SCHOOL DISTRICT

> WILL MINNICH DEAN, DE VRY UNIVERSITY

> LIZETTE TRAN SAN MATEO CREDIT UNION

> > MARIE VILLAROSA SERRAMONTE CENTER

Ex-OFFICIO Hon. Adrienne J. Tissier

DIRECTOR EMERITUS HON. ALBERT TEGLIA

CHAMBER STAFF

FELICIA LEONG SALES DIRECTOR

CECE BARROS CHAMBER ASSISTANT

ALISON WILSON PHOTOGRAPHER, IT CONSULTANT



Marie Villarosa, Serramonte Center



s e fra mionte find your center

Marie Villarosa Marketing Director Serramonte Shopping Center mvillarosa@equityone.net Marie Villarosa, Marketing Director of Serramonte Shopping Center, has joined the Daly City/Colma Chamber of Commerce Board of Directors. She is excited to join this dynamic group of individuals who share the common goal of furthering business and economic development in Daly City and Colma.

Serramonte Center is a regional shopping center anchored by JC Penney, Macy's and Target. Equity One, owners of the center are currently in the process of undertaking a dramatic rebranding and expansion of the property. The first piece of the redevelopment is an 83,000 square foot Dick's Sporting Goods, which will become the mall's fourth anchor. The Dick's Sporting Goods at Serramonte will be the retailer's largest and newest prototype store and their San Francisco flagship location and is scheduled to open in Spring 2014, along with

updated graphics, signs and common area improvements.

For more information on our stores, restaurants and events, please check out our website at www.serramontecenter.com.

MEMBER-TO-MEMBERS

A benefit of membership in the Daly City/Colma Chamber is being featured in the Member-to-Members Column. The Daly City/Colma Chamber of Commerce encourages business development and networking, provides members with useful information and services to maintain economic vitality and quality of life.

Homewood Suites by Hilton



2000 Shoreline Court, Brisbane, California, 94005 USA TEL: 1-650-589-1600 FAX: 1-650-589-2622 www.sfoairportnorth homewoodsuites.com Homewood Suites is luxury allsuite extended stay hotel in Brisbane, California. They received the 2013

TripAdvisor Certificate of Excellence because of the respect of travelers both residents, guests and businesses for their amenities and high standard of comfort. Their staff takes great pride in consistently offering exceptional experience to their guests. The spacious, flexible suites include fully equipped kitchens, living rooms and bedrooms.

Jonathan Powers, General Manager of the Homewood Suites states, "The Homewood Suites property caters to travelers staying for five or more nights however also welcomes guests staying for a shorter period of time. We offer our guests a complimentary full hot breakfast buffet each morning and a complimentary dinner buffet which includes various entrees, salad bar, beer and wine. I do enjoy sampling

>> Member-to-Member News, continues on p. 15

CHAIRMAN'S CIRCLE

PLATINUM



Seorgette s of Westlake

GOLD



Jonathan Cano	Comcast Business
John Hui	Skylawn Memorial Park
Rebecca Husted	Better Homes and
	Garden Real Estate
Mike Joseph	Walgreens
Will Minnich	Dean, De Vry University
Manny Reburiano	Allstate Insurance
Ross Sit	Achievers Realty Group



Daly City's Environmental Partner



Allied Waste has proudly served Daly City and Colma businesses for more than three decades. Our focus on environmental sustainability and stewardship is reflected in all areas of our local operations.

Working in partnership with our commercial and residential customers, Allied's commitment to

reuse, reduce, recycle and renew results in increased diversion, reduces the volume of waste to landfill, lowers greenhouse gas emissions, generates clean energy for local communities, and keeps waste collection rates low.

Together, we can do even more! To learn more about Allied's cost-beneficial recycling and composting programs for local businesses, visit **alliedwastedalycity.com** or call us at **650 756 1130**.







"Only a Cremation?" Teresa Proaño Duggan's Serra Mortuary, Daly City Celebrations of Life and Receptions

How many times has a conversation come up regarding funeral services and you've heard – "I want to be cremated"? Cremation is an increasingly popular option when it comes to end of life planning. Though there has been more and more discussion regarding cremation, something that many people aren't aware of is the fact that cremation does not take away the ability to honor and celebrate one's life.

In order to gain a better understanding of the options available, let us take a look at a common scenario. Your friend, let's call her "Mary", has stated that she is going to be cremated when she dies. She has told the kids, the neighbors, her friends and siblings – everyone. What she hasn't done, however, is discussed the type of funeral services she would like along with her cremation. These services are important in that they allow her friends and family the opportunity to gather and honor her life.

Mary wants a visitation and a funeral service, a celebration of her life. She has already picked out the dress she'd like to be placed in with a pair of pearl earrings and a lovely scarf. Mary has considered a memorial ceremony, in which her cremated remains would be present in an urn alongside photos and personal items, but ultimately has chosen to have a viewing with visitation. She loves the look of dark hardwood and would prefer her cremation casket be of that material (a cremation casket is used for the funeral service first, then cremated). Mary has a few special songs she would like played, along with a basket of her favorite flowers, yellow roses, to be put on display next to her casket. Following the service she wants her friends and family to gather at her favorite restaurant to enjoy her favorite foods and drinks in her honor.

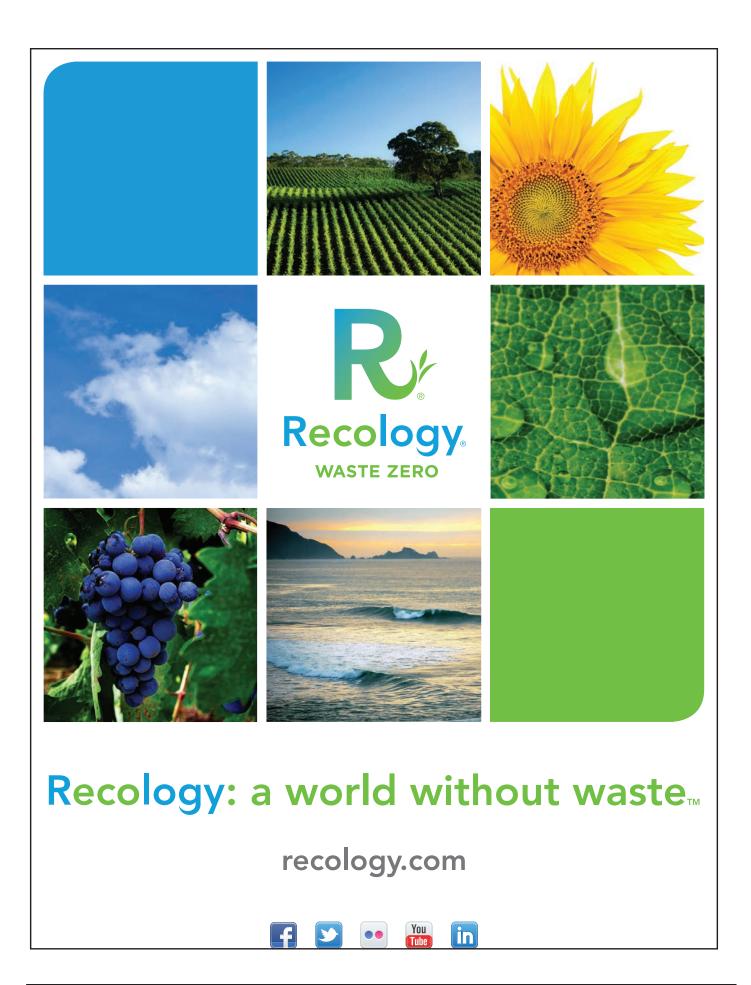
When discussing her final wishes, Mary assumes everyone will already know exactly what she wants. Unfortunately, however, they do not. Mary later passes away and is cremated, per her wishes. However, no services are held due to the fact that her family was unaware of the beautiful funeral service Mary had envisioned for herself, along with her cremation.

Duggan's Serra Mortuary, Daly City has a pre-arrangement staff who are trained to assist you in planning your final wishes your way. There is no obligation. Call Duggan's Serra today for your Free Personal Planning Guide and make sure that your wishes are in writing, planned ahead of time. "My Funeral, My Cremation, My Way"®



Bill and Dan Duggan **Duggan's Serra Mortuary** 500 Westlake Avenue, Daly City, CA 94014 650-756-4500 FD1098 duggansserra.com







Elephant Bar Introduces Innovative Wok-Fired Rib Dish & More

New Bold Global Dishes and a New Rewards Program Hit Today

Father-and-son team, David and Chris Nancarrow, opened the first Elephant Bar Global Grill/Wok Kitchen restaurant in Lubbock, Texas in 1980. The Elephant Bar is a casual dining restaurant with a globally inspired menu emphasizing oak wood-fired grilling and wok cooking offering signature dishes that include Crispy Teriyaki Chicken, MisoYaki Salmon, Kona BBQ Pork Ribs and Sautéed Chicken Marsala.

Six new dishes, from their signature wok and oak wood grill, have been added to the Elephant Bar Restaurant I — Char Siu BBQ Wok-Fired Ribs, Moroccan Grilled Tri-Tip and Thai BBQ Soba Noodles. "There's only one place you can get Char Siu Ribs made right in a smoking hot wok and that's at Elephant Bar," says Bob Holden, CEO. "We specifically create dishes around our wood-fired grill and woks because they simply yield the best and boldest flavor. These are some of the world's oldest cooking methods and

there's a reason why they've lasted as long as they have – they sear in the spices and sauces like no other method." These new entries showcase the restaurant's penchant for exotic spices and made-from-scratch sauces; value has been a hallmark of the 35-year-old restaurant.

Other new dishes include:

- Orange Peel Chicken stir-fried with fresh orange peel and wok-fired veggies
- Moroccan Tri-Tip rubbed with a proprietary blend of spices, including coriander and served with fresh vegetables like asparagus, golden beets and carrot spears
- **12 oz Wood-Fired Ribeye** and Jumbo Prawns with garlic mashed potatoes
- Char Siu Wok-Fired Pork Ribs basted with a Cantonese style Char Siu sauce
- Beef & Broccolini quick-seared sirloin in a savory mushroom soy-ginger sauce
- Thai BBQ Soba Noodles with Vegetable Stir-Fry with the option to add shrimp or chicken
- Kung Pao Shrimp with Japones peppers and cashews
- Thai Style Talapia lightly battered and spiced with coriander

Staying on the menu, by popular demand, are previous specials:

- Wood Grilled Tri-Tip with Global Dry Rub
- Thai BBQ Salmon Salad with colorful, fresh vegetables

75 Serramonte Center, Daly City, CA 94015. 650-985-5665. General Hours: Sun-Thu 11am-10pm Fri-Sat 11am-11pm. www.elephantbar.com

An all new program, Elephant Bar Rewards, accompanies the new dishes, where guests can earn rewards for visiting. Upon registering, a guest receives a free appetizer redeemable immediately. Then every qualifying visit, guests earn a virtual stamp and every three visits \$5 reward dollars are earned and the guest is eligible for additional "surprise" rewards. Reward dollars can be used towards the purchase of food or non-alcoholic beverages. In addition they receive a free dessert on the month of his/her birthday.







Daly City/Colma Chamber of Commerce









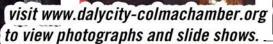
"Our Winter Wonderland" Annual Holiday Soiree 60th Cypress Business Awards & Installation



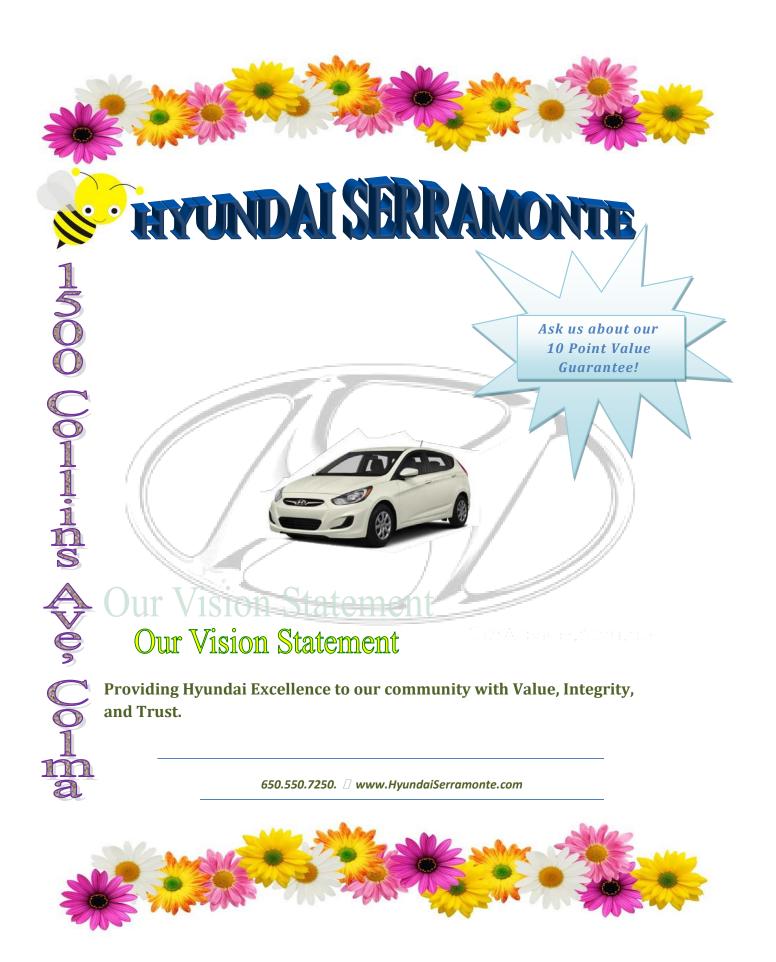














BevMo!

915 Junipero Serra Blvd Colma, CA 94014 650.757.0196

Get Your Wine Questions Answered Here!

You all have been asking fantastic questions via my e-mail (Wineman.1001@yahoo.com). Here are some of the questions answered.

Q: My buddy and I have a bet. I say Wine was first made in Greece, he says Iran. Who's right? -*Mike*

A: Actually Mike, neither of you. Although Macedonia was some of the best "early" wine ever made, in fact pirates from Spain used to invade every year specifically for the wine. And Yes, Iran is the home of the Shiraz vine and the Muscat vine... But the oldest wine making actually was in Georgia (the country, not the state). It dates back more than 8,000 years ago. Now THAT would be a vintage I'd like to try!

Q: What's the big deal over 'legs'? - *Elizabeth*

A: When people swirl the glass and wait for the legs (in France called tears) to form they are looking at how much alcohol is in the wine. The more numerous and stronger the legs, the higher the alcohol. Wine is comprised mostly of water and alcohol. As the alcohol dehydrates, the water collects and is held toward the top of the glass by the evaporation. Eventually gravity wins and the heavier fluids drip down the side, showing how much Alcohol was in the glass.

Q: How do I begin to like wine? My boy friend is a total 'Wine Snob' from England and I sometimes feel left out. - Kylee

A: It doesn't surprise me. I have a running theory. People who are raised with higher acid drinks when they are young take to wine easily as adults. My guess is your boyfriend was raised drinking tea which, has fairly high tannic acid. Most Americans are raised on cow's milk, soda, or cool-aid.

Something you need to know is that drinking wine is like drinking black coffee. It's a pure oily acid. My first suggestion is try different wines and know going in that ALL of them will have a certain alcohol burn. It just is. And all wines (even white) have tannic acid. It's the stuff that makes your teeth feel fuzzy. Without your boyfriend around, buy a few bottles of different varietals. Start with a Riesling and Gewürztraminer for the whites, and Brachetto (Rosa Regale – Banfi) or a juicy Zinfandel for the red. These will have quite a bit of sweetness and lower alcohol.



REBECCA Says.....

Regular Real Estate Tips, Tidbits & Resources provided by Rebecca C. Husted, Realtor/Real Estate Consultant with Better Homes and

Gardens Real Estate, Daly City .Website: www.RebeccaHusted.com 415.706.4722,

BEWARE and BE INFORMED! New Fence Law in California - Effective 1/1/14 - What You Should Know!

Assembly Bill 1404 (codified as Cal. Civil Code § 841) The Assembly passed AB 1404 to clarify and modernize California's almost 150-year-old neighborhood fence statute. The bill maintains the tradition that neighbors are presumed to mutually benefit from a boundary fence between their properties and are generally equally responsible to contribute to the construction and maintenance of the fencing. It passed 72-0. See more at http://www.leginfo.ca.gov.

This law is very important for homeowners to know and understand. In this limited space we only give you a brief synopsis and recommend you look it up to gain knowledge or consult an attorney to fully understand.

Basically, the law says adjoining owners must share equal responsibility and, unless otherwise agreed in writing, the costs for maintaining boundaries & monuments as adjoining owners. Reasonable costs include construction, maintenance, or necessary replacement of the fence.

In short a landowner must give each affected adjoining landowner a 30-day prior written notice of any intent to incur costs for a division fence. Not responding will not alleviate you of being responsible for half the cost (of the shared area adjoining yours).

Notice of intent must include a) show of equal responsibility, cost of construction/maintenance or replacement; b) description of problem with shared fence; c) proposed solution; d) estimates of construction/ maintenance costs; e) proposed cost sharing approach; and f) proposed timeline to address problem.

As a Member of the Top 5 in Real Estate Network®, I have a wealth of real estate and homeownership information that may be of help to you. Feel free to contact me any time to learn more about this important information, and be sure to forward this article on to any friends or family that may be interested as well.







Happy 2014!

Happy 2014 to all of our fellow Chamber and community members! We are fortunate to be celebrating another successful year and our 7th Anniversary at the Westlake Shopping Center location. 2013 was also a banner year as we were recognized by the Daly City/Colma Chamber of Commerce as the Medium-size Cypress Business Award of the Year. We have welcomed three new staff members in recent months and trust that you will enjoy their friendly and knowledgeable service that complement our team.

2014 will be particularly special for me as a new Board of Director for the Daly City/Colma Chamber of Commerce. I am eager for the challenges that my new responsibilities will bring, but mostly excited to work with the wonderful staff and fellow directors. I look forward to meeting each and every one of you at the upcoming Chamber events.

We continue at SMCU to strive to serve the best interests of our members by providing excellent customer service and offering beneficial products and services. Currently our members can take advantage of a 6.99% debt consolidation loan promotion, 1.99% auto loan promotion and a 1% cash back promotion when refinancing a vehicle from another institution. We'll also be hosting a Car Sale event in Redwood City on March 8th and 9th. Please visit smcu.org or the Westlake branch for details.

Sincerely, Lizette Tran SMCU Westlake Branch Manager 650-562-2003 Itran@smcu.org

(650) 562-2003 smcu.org

"MPII-Annual Percentage Rate. Rate effective as of October 15, 2013 through December 31, 2013. All loans are subject to credit, income and dott verification and qualification and qualification and unification and participation of the second school in San Marke County, one time, non-enfundate membership for of \$10.00 in magned to good. Cellular VMOU for more details. Offer ends December 31, 2013. Offer is subject to change at any time without notice. San Marke Credit Union is an Equal Opportunity Lender. Federally insured by the NCUA.





University under the direction of Dean Will Minnix, celebrated their *Graduation Ceremony and Dinner* on December 10th at Lake Merced Golf Club. Many thanks to Dean Will Minnix and De Vry University for their generosity in hosting this informative and educational forum. Attendees learned about tourism, communication, government, commerce, health, community and more!

We began 2014 with Red Ribbon cuttings and Business Networking at the newly remodeled *Denny's Restaurant* and *B52 Dental Group at Serramonte* and *Peninsula Del Rey in Daly City.* On January 30th we learned about the economic forecast, visions and concerns of the Town of Colma and the City of Daly City at the *"State of Our Cities Address"* with Special Guest Speakers Hon. Helen Fisicaro, Mayor of Colma and Hon. David J. Canepa, Mayor of Daly City.

On February 20th at "Major

Employers Breakfast / Business Speak Easy" we practiced communication with Jesse Gregory, Senior Director of Sales of Astound Broadband; Chief of Police Manny Martinez of City of Daly City gave an update on the police business; Jayme Ackemann, Communications Manager, SamTrans, Caltrain and SMCTA, spoke about the Daly City Shuttle; Tina Ahn, Vice President, Development, Seton Medical Foundation gave an overview on changes at Seton; and Evan Boyd, Division Manager, Allied Waste Services, spoke on the Greening Machine and all of its innovative changes.

Closing out March we enjoyed Crab, Networking and Good Fellowship on March 20th while raising money for our youth. It is through your support that we are able to provide scholarships to our deserving youth, learn about each other's challenges and opportunities and provide impactful business representation in our community.

MEMBERSHIP

As a business owner, every opportunity that you get to meet with people and share your business is golden. The Daly City/Colma Chamber is your "Ace in the Pocket." Daly City/Colma Chamber of Commerce membership is open to all companies and organizations.

Membership application and benefit information can be found on-line at http://dalycity-colmachamber.org/ Membership.php; contact the Chamber office at (650) 755 3900 or by e-mail staff@dalycity-colmachamber.org. Special thanks to our new and renewing members for your support and vision.

If you are a member, we thank you. If you are not a member, we invite you to join!

LIVE / WORK Shop / Play Daly City / Colma

Georgette Sarles President/CEO Daly City / Colma Chamber of Commerce

7 Mile House Brings Together History, Comfort Food, Creative Drinks and Lively Entertainment Into One Unforgettable Experience

Vanessa Garcia is the owner and manager of the historic 7 Mile House Sports Bar, Grill & Live Music. Established in 1853, 7 Mile House is exactly 7 miles to and from the San Francisco Ferry Building and is the last original *"mile house"* left standing in its original location in the San Francisco Bay Area. The restaurant has evolved from a simple stagecoach stop to a trucker/biker hangout and, according to some sources, housed the largest sports gambling syndicate west of the Mississippi. Today, they are the most popular restaurant and bar in the neighborhood boasting great food, drinks, sports via satellite and live entertainment every single night.

With its new focus on bringing local musical talent to the forefront of its business, 7 Mile House recently launched their live jazz program which features three evenings of entertainment by prominent local musicians who have played with the likes of Ella Fitzgerald. Sundays feature Vince Lateano's Jazz Jam, Mondays are hosted by Dave Bendeigkeit's Keepers of the Flame and Tuesdays highlight the Al Molina Sextet's Horace Silver Project. The rest of the week features more music including Karaoke on Wednesdays, Blues on Thursdays, R&B/Soul on Fridays



2800 Bayshore Blvd. Brisbane, California, 94005 USA TEL: 1-415-467-2343 www.7milehouse.com

and a variety of genres on Saturdays. With great food, creative cocktails, fun ambience and lively entertainment, 7 Mile House aims to make the full experience an unforgettable one.

7 Mile House, located at 2800 Bayshore Boulevard, Brisbane, CA 94005, offers sit-down dining, take-out, reservations, catering and parties. Open Monday–Tuesday 11:30 a.m.-10:00 p.m.; Wednesday–Saturday 11:30 a.m. -2:00 a.m. Sunday is a special day with brunch from 10 a.m.-3 p.m.; BBQ 12:00 noon-8:00 p.m.; and Jazz 5:00 p.m.-8:00 p.m. Stop by and say hello.





www.MegaTeamRealEstate.com

ACHIEVERS REALTY GROUP

"Your San Francisco and Peninsula Real Estate Concierge"

When choosing Mega Team Realtors, you have chosen a team of Real Estate Professionals with over 4 decades of experience. You are getting service par excellence with 3 dependable and reliable Short Sale Specialists for your highest satisfaction as a homeowner. Crispin Ang, is a highly motivated and positively charged individual that will go the extra mile for his clients. Ross Sit, is a dedicated Short Sale and Foreclosure Resource Certified Realtor. an experienced mortgage consultant for over 10 years, and is the current Secretary of the Daly City Colma Chamber of Commerce. Ross' business is built of referral from her loyal and happy home sellers and buyers. Bernadette Santos, is an experienced Senior Underwriter prior to becoming a Realtor. Bernadette's experiences and skills are acquired from different challenging markets.

This team of 3 are Listing Agents specializing in helping UNDERWATER HOMEOWNERS avoid FORECLOSURES and homeowners who are ready to get the most money for their homes.

Crispin, Ross and Bernadette are here to serve the San Francisco and San Mateo Counties.

Please contact Ross at 650.302.1268 or email at SitRoss@gmail.com

FREE Shuttle Service in Daly City's Bayshore Community

Residents of the Bayshore community in Daly City now have a free shuttle connecting them to vital resources like hospitals, grocery stores, clinics and pharmacies.

The Daly City Bayshore shuttle bus fills a crucial need in the area, where lack of viable transportation options has been a concern for years. Based on feedback from the community, the shuttle was designed to transport local residents to previously-isolated sites such as the Safeway Grocery Store on Mission Street in San Francisco.

The San Mateo County Transportation Authority, along with the Metropolitan Transportation Commission and the City/County Association of Governments of San Mateo County is funding the free service.

Because of the hilly terrain and lack of transportation in



the area, many residents did not have access to healthy grocery stores, leading the community to be called a "food desert." A food desert is a place considered to be particularly difficult to access and purchase affordable and high-quality fresh food. By connecting the community to the Safeway Grocery Store and the North Peninsula Food Pantry, the free shuttle will address a major issue in the community.

"Daly City has one of the highest rates of childhood obesity in San Mateo County," said ST Mayer, Director of Public Health Policy and Planning in San Mateo County. "A key strategy to address this issue is to make it easier for people to purchase healthy food. With nearly four food stores and restaurants selling unhealthy food for every one with healthier options, the shuttle service being implemented in Daly City is an innovative solution to give residents easy access to a full service grocery store. This is a great step to help reduce obesity and ensure a healthy community for everyone."

The shuttles, which carry 20 passengers and come equipped with a bike rack, will complete five round trip routes throughout the day. They are scheduled to stop at the Seton Medical Center, the North Peninsula Food Pantry, the Daly City Department of Motor Vehicles as well as a local Walgreens and the Safeway in San Francisco.

Additional details about scheduling and route information can be found

on the SamTrans website: http://www.samtrans. com/Assets/SamTrans/SCHEDULESandMAPS/ Timetables/Daly+City+Bayshore+Shuttle+Tim eTable.pdf or by calling Customer Service at 1-800-660-4287. Like us on Facebook at: www.facebook.com/samtrans or and follow us on Twitter @SamTrans_News and @GoSamTrans.



Click on Code to Access Link



HEALTH MATTERS

Seton Express Care:

Prompt, affordable treatment for urgent, non-life threatening medical situations

Seton Express Care, a service of Seton Medical Center, is an afterhours clinic for urgent, non-life threatening medical situations.

The fever or flu that hits when the doctor's schedule is full, the cuts or sprains that come with child's after school athletics, the cold or cough that visiting relatives pick up on an airplane flight—these conditions and many more can be treated quickly, conveniently and affordably at Seton Express Care.

With Seton Express Care, patients can bypass the sometimes lengthy wait times and expense of using the Emergency Department for conditions that, while not emergencies, require treatment within 24 hours.

Should Seton Express Care physicians determine that a patient's condition is too serious to be treated at Seton Express Care, Seton Medical Center, a full-service, acute care hospital, is directly adjacent. Seton Express Care staff will assist in transfer to the appropriate department.

Seton Express Care accepts major insurance coverages. Walk-ins are welcome.

Seton Express Care is located at on the first floor of 1850

Sullivan Avenue in Daly City, with free, close-in parking available to patients. Open 365 days a year, Seton Express Care hours are Monday through Friday, 2:00 p.m. to 9:00 p.m. and Saturday and Sunday, 11:00 a.m. to 6:00 p.m. Telephone number is 650-991-5280.

Examples of conditions treated at Seton Express Care:

- Colds/fevers/flu
- Minor infectionsMild to moderate
- asthma
- Sprains
- Cough
- Ear infections
- Nausea

Cuts and scrapes

• Puncture wounds

Fractures

Lacerations

Sore throat

Headaches

• and more

Seton Medical Center, (650) 992-4000 1900 Sullivan Ave., Daly City, CA 94015

Seton Medical Center Coastside, (650) 563-7100 600 Marine Blvd, Moss Beach, CA 94038

>> Homewood Suites by Hilton continued from p. 3



I to r: Sales Manager Tim Farr,; General Manager Jonathan Powers and Assistant General Manager Jennifer Carrott

and tasting the food at our local restaurants in Daly City and Colma, so I can make recommendations to our guests when they want to go out and eat."

Homewood Suites

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